

COMPOSITION

Hingastak Churna capsule: Each capsule contains Ferula assafoetida 62 mg, Cuminum cyminum 62 mg, Carum bulbocastanum 62 mg, Trachyspermum ammi 62 mg, Zingiber officinale 62 mg, Piper longum 62 mg, Piper nigrum 62 mg & Rock salt 62 mg.

PHARMACOLOGY

Hingastak churna is a polyherbal ayurvedic medicine used as a digestive, carminative, astringent and as an antacid. The ingredients present in Hingastak churna have been shown in different studies to possess biological properties related to antioxidant mechanism. Ferula assafoetida is known potent anti-oxidant, which protects free radical mediated gastric ulceration and carcinogenesis. The active constituent's asaresinotannols 'A' & 'B' and ferulic acid of Ferula assafoetida help to reduce hyperacidity and abdominal pain. Phenolic amides of Piper nigrum has a stimulating effect on digestive organs and increase the flow of saliva and gastric juices. Active component Zerumbon and gingerol of Zingiber officinale reduce pain & inflammation of esophagus. Trachyspermum ammi is very effective in treating the excessive secretion of gastric gases. Moreover, Hingastak churna offers gastro-protection by increasing prostaglandin synthesis, mucin secretion and protects the stomach from injury.

INDICATION

Hingastak Churna is indicated in hyperacidity, peptic ulcer disease, NSAIDs induced gastric ulcer, gastritis and dyspepsia. It is also useful in gastroenteritis as an adjuvant therapy with antibiotics.

DOSAGES

One Hingastak Churna capsule 2 times a day just before meals or as directed by the physician.

ADVERSE EFFECTS

When used within the recommended dosage range, Hingastak Churna is well tolerated. In rare case very high dose than prescribed may lead to stomach irritation, diarrhea, stomatitis & urticaria. However it is best to use this product under medical supervision.

CONTRAINDICATION

Hingastak churna is contraindicated in cases of known allergy to plants. Though it is well tolerated, precaution should be taken in moderate to severe hypertension & edema as it contains salt in 12.3% concentration.

DRUG INTERACTION

Not Known.

PREGNANCY & LACTATION

Hingastak churna should not be used during pregnancy or lactation.

STORAGE

Keep the medicine out of children's reach. Keep in a cool, dry place & away from direct sun light.

HOW SUPPLIED

Hingastak Churna 500 mg capsule: Each box contains 30 capsules in blister pack.

